

The Menu

Friday

Soup Kitchen / Pizza / Dumpling Casserole

Saturday

Breakfast

Eggs Bacon Cheese Slices English Muffins

Porridge

Cereal (Cornflakes / Wheat bix)

Milk

Lunch (Ploughman's)

Cheeses (hard / soft / slices) Sliced Meats / Rissoles

Wraps (GF) Salad

Pickles / Spreads
Pies / Pastries

Ifeast Course 1 Soups

Meat Soup, Vegetable (non-allergy) Soup & Bread

Course 2 Mediterranean / Outremer

Coq au vin, Fish Pie, Mushroom Forestiere, Spinach and Cheese Quiche / Frittata & Buttered Rice

Course 3 Europe

Boeuf au Poivre, Red Wine & Berry Sauce, Pyes de Chasseur, Root Vegetables, Turnip Pottage & Roast Onions

Course 4 Tarts

Sunday

Breakfast

Eggs
Bacon
Cheese Slices
English Muffins
Porridge

Cereal (Cornflakes / Wheat bix)

Milk

Lunch (Ploughman's)

Cheeses (hard / soft / slices) Sliced Meats / Rissoles

Wraps (GF) Salad

Pickles / Spreads
Pies / Pastries

Tavern Night

Pickled Pork, Mixed Pea & Herbs & Surprise Pie /Stew

Monday

Whatever is left